



Agência Nacional
Erasmus+ Juventude/Desporto
Corpo Europeu de Solidariedade



Funded by
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Super Creatives

19th-31st of May 2024
Fermentelos (Aveiro district), Portugal

"Creativity is not so much the result of genius, but rather the result of contributions from various people."

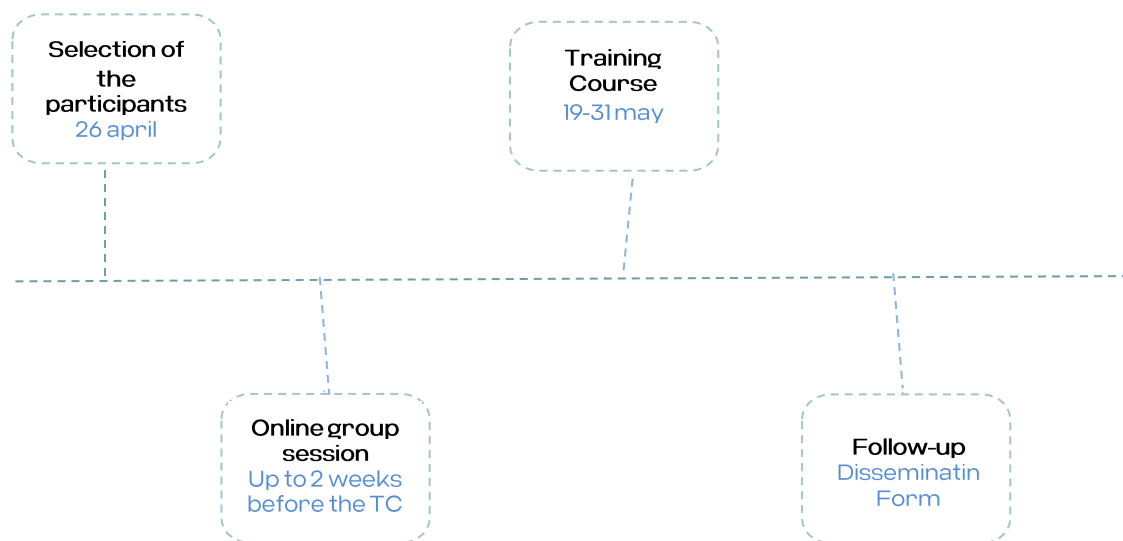
Super Creatives: creativity as a youth worker superpower

ABOUT THE PROJECT

With globalization, new markets and economies have grown and remain at an accelerated pace and in constant change. This scenario of uncertainty and change brings new challenges, demanding from people more and more soft skills such as the ability to work in a team, creativity, and flexibility. Therefore, it is crucial to first train those who will, in turn, provide young people with the tools necessary to develop creativity. Therefore, DCTR designed a project that aims to empower youth technicians, enhancing the quality of youth work and, consequently, the quality of skills that young people will acquire.

By participating in this TC, youth workers are expected to understand, in the first instance, what creativity is. Subsequently, knowing that creativity can be trained, the objective will be to understand the need to enhance its development among young people's education agents, so that they are able to empower young people. Finally, youth workers will plan activities and sessions, deconstructing others that already exist, using more creative methods, which make learning more efficient and attractive.

Here are the milestones of our project:



Please acknowledge that the project is not only a Training Course. You are expected to participate actively in the online session, in the dissemination activities and in the whole project in general!

TIMETABLE

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10	Day 11	
	20/5	21/5	22/5	23/5	24/5	25/5	26/5	27/5	28/5	29/5	30/5	
19/05 Arrival Day	<i>Breakfast</i>											
	Get to know	Soft skills: what are they and what are they useful for?	Education should be fun: music	Education should be fun: movement	Education should be fun: visual arts	Education should be fun: gamification	Education should be fun: storytelling	Free time: nautic activities	Using creativity to design learning experiences: experiment w/ each other	Preparing the video Super Creatives	What now?	
	<i>Morning Snack</i>											
	Get to know	What is creativity? From theory to practice	Education should be fun: music	Education should be fun: movement	Education should be fun: visual arts	Education should be fun: gamification	Education should be fun: storytelling	Free time: nautic activities	Using creativity to design learning experiences: experiment w/ each other	Preparing the video Super Creatives	Evaluation, youthpass and debriefing	
	<i>Lunch</i>											
	What is a (creative) youth worker	What is creativity? From theory to practice	Education should be fun: music	Education should be fun: movement	Visit to Aveiro	Education should be fun: gamification	Education should be fun: storytelling	Using creativity to design learning experiences	Using creativity to design learning experiences: experiment w/ each other	Filming the video Super Creatives	Intercultural afternoon	
	<i>Afternoon Snack</i>											
ETS Model	Art and creativity	Education should be fun: music	Education should be fun: movements	Visit to Aveiro	Education should be fun: gamification	Education should be fun: storytelling	Using creativity to design learning experiences: experiment w/ each other	Using creativity to design learning experiences: experiment w/ each other	Filming the video Super Creatives	Intercultural afternoon		
<i>Dinner</i>												
												31/05 Departure Day after breakfast

ACCOMODATION AND FOOD

The project will be implemented in the framework of the Erasmus + Programme, which means that accommodation and food will be covered 100% by the organizer.

Participants will stay in double rooms at UP.Pateira Hotel, located in Fermentelos, a small village in Águeda (Aveiro district). It is located right next to the **biggest natural lagoon of the Iberian Peninsula**.

Expect to connect with nature in the very relaxing environment that this hotel provides! Near the hotel there's a mini-market and the hotel has everything you need.



More information here: <https://pateira.com/#hotel>

TRAVELLING & TIME OF ARRIVAL AND DEPARTURE

Arriving: 19 th of May	Check-in after 16h Dinner at 20h
Activities: from 20 th to 30 rd of May	-
Departure: 31 st of May	Check-out until 12h

Please note that we need to approve the tickets before you buy them, otherwise we might not reimburse the money spent. Early arrivals or late departures are at the responsibility of the participants to pay for stay. If you arrive early or leave later than the dates above, you must cover your own accommodation or food.

Travel might not be reimbursed if participant arrives late (after the start of the activity) or leaves before the activity is over.

GREEN TRAVEL

Travelling also has a big impact on the environment. You always have the option to go by **Green Travel**. This implies that most of your trip should be done by more ecological means of transport like train, bus or carpooling. If you want to do it, we strongly advise you to contact us and/or your organization to try to understand how you can do it. If you travel by green travel, we can reimburse you more travel days and even the accommodation in the cities where you must stop to change transport. Please check

the chapter "Refunds" for more information.

BY AIRPLANE


a) From Porto

From Porto's airport is easy to get to Oiã. In total, it will take around 2h-2h30. You will need to take the metro and then the train. Please follow these steps:

METRO

1. Once you arrive at the airport, follow the indication to the subway station and search for this symbol:



2. Buy your ticket at the machines: choose the Z4 option (4 zones), for 2,15€;
3. Take the  line towards TRINDADE. Get out in the SENHORA DA HORA stop (7 stops; +/- 14 min);

4. In SENHORA DA HORA you can take any of these lines to get out in CAMPANHÃ:



towards CAMPANHÃ



towards FÂNZERES



towards ESTÁDIO DO DRAGÃO

(+/- 12 stops, 20 min)

5. In CAMPANHÃ, you must follow the indications to the train station.

Official site of the Porto's metro: <https://en.metroporto.pt/>

TRAIN

6. You will have to go first to AVEIRO and then go to Oiã. You can travel either by fast trains (Intercity or Alfa Pendular – which are, of course, more expensive), or by the urban train (cheaper but slower).
7. In AVEIRO, it will be a regional train towards COIMBRA.

b) From Lisbon

METRO

- 1- If you go by airplane and you arrive in Lisbon, please take the metro (red line) towards S. SEBASTIÃO and get out at the ORIENTE station (3 stops).
More information at: <https://www.metrolisboa.pt/en/>

TRAIN

- 2- There aren't any direct trains from Lisbon to Oiã, so you always must change in Coimbra-B. Most of the trains are the fast ones (Intercity or Alfa Pendular) and they might have different destinations (most common ones are Porto-Campanhã or Braga).

More information at: <https://www.cp.pt/passageiros/en>
3- When in Coimbra-B, it will be a regional train towards AVEIRO.

IMPORTANT

- Buy the tickets online in advance in <https://www.cp.pt/passageiros/en> or through the app. They will be cheaper!
- You can search in CP's site or app directly from Porto-Campanhã/Lisboa-Oriente to Oiã. This way, CP will show you all the available train connections and you will be able to buy all the train tickets at once.
- The train tickets should be bought in the official website of CP or through OMIO. Our train company recently published a warning regarding this, so please respect their indications.
- Please note that, when travelling by Intercity or Alfa Pendular train, you must choose a seat, for free. Every passenger in this type of trains is assigned a seat, so please respect yours.

FINALLY, WHEN IN OIÃ...

The hotel is far away walking from Oiã's train station, so the hotel will pick you up by van. However, we will do this only when there's at least 5 people waiting, so that we can avoid wasting gas.

To sum it up!

Porto (train towards Aveiro) → Aveiro (train towards Coimbra) → Oiã

Lisbon (train towards Porto /Braga) → Coimbra-B (train towards Aveiro) → Oiã

REFUNDS

The travel reimburses will be based on real costs, considering the following limits (value per person):

	<i>Portugal</i>	<i>Poland</i> <i>Greece</i> <i>Romania</i> <i>N. Macedonia</i> <i>Bulgaria</i>	<i>Turkey</i> <i>Estonia</i> <i>Cyprus</i>
<i>Normal travel</i>	23,00 €	360€	530€

Please contact us before buying any ticket. We need to approve the tickets, otherwise we might not reimburse you.

Important:

- We will make the refunds until 30 working days after the end of the TC. To do that, each person must send us every receipt, boarding pass, and tickets (for transportation and accommodation, in case of green travel) and fill our guidelines (we will send it later on). Without them, we won't be able to refund you

WHAT (NOT) TO BRING

- In May, the temperatures are usually around 22°C maximum and 12°C minimum. Our mornings and nights are cold compared to the afternoons so if you bring a warm coat that you can take off in the afternoon, you'll be okay;
- The rooms have hair dryer, so you don't need to bring yours;
- The hotel has its own pool and is close to a lagoon, so bring proper clothes;
- We strongly advise everybody to have their European Health Insurance card updated and with them, during the total duration of the travel;
- Please bring snacks from your country as we will have an intercultural afternoon in the last day of the project. Since it's a lot of days, carefully choose to food. Please keep in mind that it won't be possible to cook.

CONTACTS

Coordinator organization (DCTR): Maria João Sá (producao@dctr.pt)

ABOUT PORTUGAL

We're neighbours of Spain and we have the most western point in Europe! We have an incredible diversity of landscapes and places: we have two islands, sea/beaches, mountains, snow, and really warm summers.

The Portuguese are warm people, very talkative and they surely know how to have fun! You will love Portugal for sure! Looking forward to meeting you!

We're
here! :)

